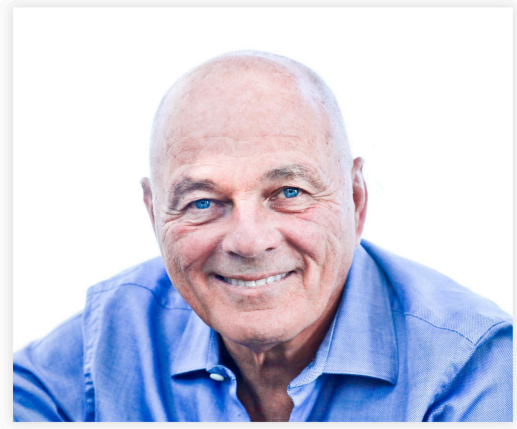
# JACOB ISRAEL LIBERMAN
## Author, Doctor, Speaker, Inventor



Dr. Jacob Israel Liberman is a pioneer in the fields of light, vision and consciousness, and the author of numerous books, including *Luminous Life: How The Science Of Light Unlocks The Art Of Living*, published by New World Library. Originally trained as an optometrist and vision scientist, his life changed in 1976 after the miraculous healing of his eyesight, leading him to a deeper understanding of light and the science of life. Having helped countless individuals recover their eyesight, he began to understand the words of Jonathan Swift, "Real vision is the ability to see the invisible."

An internationally respected author and keynote speaker, Dr. Liberman's work has been lauded by best-selling authors and world-renowned thought leaders from Eckhart Tolle and Ram Dass to Louise Hay and Bruce Lipton. His first book, *Light: Medicine Of The Future* (Inner Traditions Bear & Company, 1991), established him as one of the leading authorities on light and color therapy in the world. His second book, *Take Off Your Glasses And See: A Mind/Body Approach To Expanding Your Eyesight And Insight* (Crown, 1995), was inspired by the recovery of his vision and offered a radical new approach to natural vision improvement. *Wisdom From An Empty Mind* (2001), a compilation of spiritual essays, written and self-published by Liberman and his son Erik, received praise from award-winning artists and spiritual luminaries.

Dr. Liberman earned a Doctorate of Optometry from Southern College of Optometry, a Ph.D. in Vision Science from the College of Syntonic Optometry, and was awarded an Honorary Doctorate of Science from the Open International University for Complementary Medicines. He is the Past President of the College of Syntonic Optometry and the International Society For The Study Of Subtle Energies And Energy Medicine (ISSSEEM). He is a Fellow Emeritus of the American Academy of Optometry, College of Syntonic Optometry, College of Optometrists in Vision Development, and International Academy of Color Sciences.

Liberman is the recipient of the 2019 International Light Association's Frances McManemin Award for Achievement in Light Medicine, and the H.R. Spitler Award for his groundbreaking contributions to the field of phototherapy. He is the inventor of the Vis-Flex, Color Receptivity Trainer, Spectral Receptivity System I, II & III, and EYEPORT Vision Training System, the first FDA-cleared medical device to significantly improve overall visual performance. He is on the Board of Directors for the International Light Association and Nura Health SPC, working together with other distinguished experts to develop an informational platform for documenting Integrative Medicine.

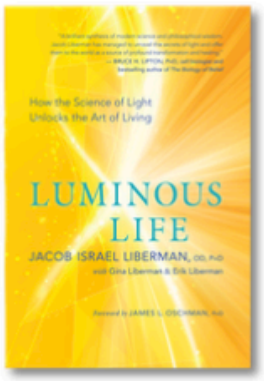
Sharing his discoveries about light as a spiritual science, Dr. Liberman has addressed more than 2,000 live audiences worldwide and has been featured in countless journals, television, radio, print and online media. Gently piercing the heart and mind with timeless principles and common sense wisdom, Liberman illuminates the seamless connection between light, vision and consciousness, offering a whole new way of seeing and being.

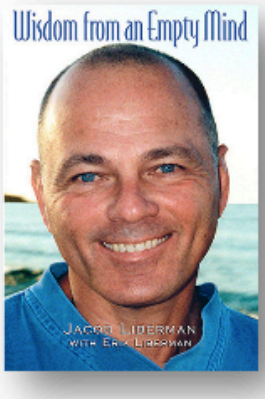
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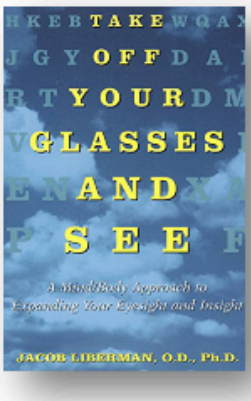
## Short Author Bio

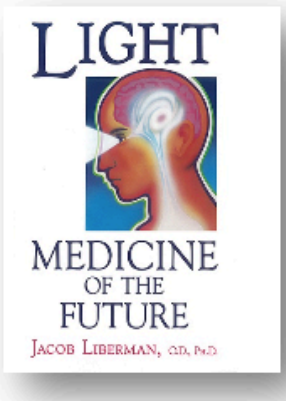
Dr. Jacob Israel Liberman's discoveries in the fields of light, vision, and consciousness have been enthusiastically endorsed by luminaries in health, science, and spirituality from Bruce Lipton and Eckhart Tolle to Louise Hay and Ram Dass. He is the author of four books, including *Light: Medicine of the Future*, *Take Off Your Glasses and See*, and *Luminous Life*, and is an internationally acclaimed speaker, inventor and teacher. Revealing how light guides our every step, so we may fulfill our reason for being, Liberman's Life Mentorship Program supports individuals and groups in mastering the art of living. For more information, please visit www.jacobliberman.org.

## Books




Luminous Life: How the Science of Light Unlocks the Art of Living
Authors: Jacob Israel Liberman, OD, PhD with Gina Liberman and Erik Liberman
ISBN: 9781608685172
Publisher: New World Library, 2018

Wisdom From An Empty Mind
Authors: Jacob Liberman, OD, PhD with Erik Liberman
ISBN: 9781882898107
Publisher: Empty Mind Publications, 2001

Take Off Your Glasses and See
Author: Jacob Liberman, OD, PhD
ISBN: 9780517886045
Publisher: Harmony, Penguin Random House, 1995

Light: Medicine of the Future
Author: Jacob Liberman, OD, PhD
ISBN: 9781879181014
Publisher: Inner Traditions, Bear and Company, 1990

## Praise for Dr. Liberman's Work

"A brilliant synthesis of modern science and philosophical wisdom. Jacob Liberman has managed to unravel the secrets of light and offer them to the world as a source of profound transformation and healing."

— Bruce H. Lipton, PhD
cell biologist and bestselling author of *The Biology of Belief*

"*Luminous Life* is a 20/20 lens through which we are able to see — perhaps for the very first time — the luminous nature of existence, of presence, of Self."

— Michael Bernard Beckwith
author of *Spiritual Liberation*

"After reading *Luminous Life*, you will truly see more than you ever imagined."

— Larry Dossey, MD
author of *One Mind*

"There are many paths to explore consciousness. Dr. Liberman's path — the path of light and vision — is beautifully explored in *Luminous Life*. I highly recommend this book!"

— Amit Goswami, PhD
quantum physicist and author *The Self-Aware Universe*

"Dr. Jacob Liberman articulates truths that enhance your natural brilliance and allow the intelligence of the universe to expand your lens on life."

— Donnie Epstein
author of *The Seeker's Code*

"Behind the disguise of brevity and simplicity lie pearls of distilled spiritual truths — truths to be cherished, to be shared, and, above all, to be lived."

— Eckhart Tolle
author of *The Power of Now*

"Jacob Liberman is one of my favorite teachers!"

— Louise Hay
author of *You Can Heal Your Life*

"It was as if I was hearing my own voice."

— Ram Dass
author of *Be Here Now*

"Profound and deceptively simple insights."

— Bonnie Raitt
Grammy Award-Winning artist

"I love this book [*Wisdom from an Empty Mind*]!"

— Neale Donald Walsch
author of *Conversations with God*

"The ideas that Jacob shares. . .reflect the emerging understanding. . .that awareness changes all experience without exception."

— Gary Zukav
author of *The Seat of the Soul*

"Jacob Liberman. . . guides us into a powerfully new view of ourselves, our relationships and our inner and outer vision."

— John Gray, PhD
author of *Men Are from Mars, Women Are from Venus*

"The sensitivity, deep humanity, and exquisite insight contained in Dr. Liberman's wonderful work make it a manual for a whole new order of being."

— Jean Houston, PhD
author of *The Possible Human*

"Dr. Jacob Liberman is at the cutting edge of enlightened technology, blending physics and metaphysics to their best advantage. He is one of the rare breed of people in eclectic fields who have tapped in to deep wisdom principles and applied their insights and research to provide revolutionary 'new' understanding for all who 'have the eyes to see.'"

— Dan Millman
author of *Way of the Peaceful Warrior*

"Jacob Liberman's pioneer thinking takes the wonder of light and light therapy to a new level of insight by blending it with deeper health wisdom and spiritual understanding."

— Gabriel Cousens, MD
author of *Spiritual Nutrition*

"Dr. Liberman's book [*Light: Medicine of the Future*] is a milestone forward concerning the therapeutic effect of light via the eyes."

— Fritz Hollwich, MD
author of *The Influence of Ocular Light Perception on Metabolism in Man and in Animal*

"Light is one of the critical environmental factors for total health; indeed, 'the eyes are the windows of the soul.' [*Light: Medicine of the Future*] helps provide one of those windows."

— Norman Shealy, MD
Founding President of the American Holistic Medical Association

"Combining his many years of personal and clinical experience with the frequently amazing results achieved by his patients, Dr. Jacob Liberman has developed a foundational model for a new medical paradigm."

— Dr. John Ott
Pioneer in the field of photobiology and author of *Health and Light*

# Speaking Testimonials

"I first encountered Dr. Jacob Liberman when he was sitting on stage at a conference in which 450 people dedicated to spiritual development were listening. This is what one might humorously call a 'tough crowd.' Jacob started to speak to those assembled and very shortly the room fell silent and was quite literally vibrating with the energy he was generating on stage – all by himself. If I hadn't witnessed it, I might not have believed it. This wasn't a speech that was 'inspiring', as I might normally use that word. Nor was it dramatic. It was something else. It was a bit like a dream state – not one in which there was a fog-bound sensation or image. In fact, it was quite the opposite. There was a presence in the room, a state of clarity Jacob created that permeated the entire space and the consciousness of all the people in it. I felt it and I was conscious of those around me enough to know that everyone else felt it as well. I couldn't tell you how long he spoke but when he was done, I knew I had experienced something different. His capacity to generate that clarity in such a large audience was remarkable. I am known as a good public speaker. Jacob is one who is masterful."

— Wayne H. Miller
Founder & CEO, Nura Life Sciences

"We were fortunate to have Jacob Liberman speak recently at Center for Spiritual Living Seattle and were thrilled with his time in our community. His inspired message and presence resonated in such a beautiful way with our guests. He's a rare speaker who combines his intellectual insights, professional experience, personal exploration and profound inner sight into a deeply soulful presentation that touched people beyond the words and ideas. Articulate, compelling, honest, wise, charming and humorous are a few of the words used to describe him. I am, and we are, grateful to have had him spend time with us."

— Rev. Patric A. Creelman
Interfaith/Interspiritual Minister, One Spirit Interfaith Seminary
Director of Operations and Minister, Center for Spiritual Living Seattle

"As you spoke at the TEDx Conference, your words and thoughts reached out with such a quiet, yet luminous intimacy that the entire space was filled with your gift of awareness."

— D.M.
Audience Member, TEDx Maui

"Dr. Jacob Liberman has a grounded Presence that is second-to-none....Our community absolutely loved him and raved about his message and the workshop that he facilitated....I highly recommend him as an author, speaker, and workshop facilitator. He has priceless, practical transformative gifts to share!"

— Rev. Karen Fry
Co-Spiritual Director, Center For Spiritual Living Dallas

"Dr. Jacob Liberman speaks from his heart and creates a magical energy field for healing and expansion. If you have a chance to be in his presence, you will be profoundly inspired."

— Dr. Sam Berne
Holistic Optometrist, New Mexico

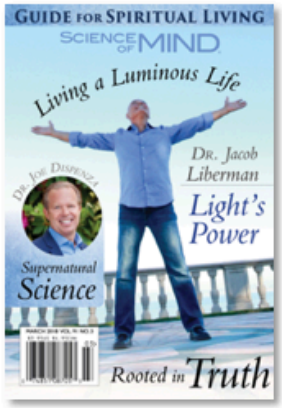
# Features













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